



**Prévisionnel planning saison sportive 2025/2026 au 30 juin 2025**  
**susceptible d'évoluer suivant l'engagement définitif des collectifs**

| 2025 - 2026             | COACH                         | LUNDI         | ENTRAINEUR                    | MARDI         | ENTRAINEUR  | MERCREDI      | ENTRAINEUR       | JEUDI         | ENTRAINEUR | VENDREDI      | ENTRAINEUR                    | SAMEDI        | ENTRAINEUR  |
|-------------------------|-------------------------------|---------------|-------------------------------|---------------|-------------|---------------|------------------|---------------|------------|---------------|-------------------------------|---------------|-------------|
| Loisirs                 |                               |               |                               |               |             |               |                  | 21H15 / 23h   | Loisirs    |               |                               |               |             |
| Séniors 1               | Pierre R.                     |               |                               |               |             | 20H15 / 22H   | Pierre R.        | 19H30 / 21H15 | Pierre R.  |               |                               |               |             |
| Séniors 2               | Sacha                         |               |                               |               |             |               |                  |               |            | 20H / 22H     | Sacha                         |               |             |
| U20F +/- U21F           | Maxime Alleguede<br>Binôme    | 18H45 / 20H   | Marie                         |               |             | 18H30 / 20H15 | Maxime Alleguede |               |            |               |                               |               |             |
| U19 M                   | Gwendal Rio<br>Dorian Souchet | 20H00 / 21H30 | Gwendal Rio<br>Dorian Souchet |               |             |               |                  |               |            | 18H30 / 20H   | Gwendal Rio<br>Dorian Souchet |               |             |
| U17 REGION              | Marie + Jules                 |               |                               | 19H30 / 21H   | Marie       |               |                  |               |            |               |                               |               |             |
| U16A M                  | Sylvain + Thomas              |               |                               |               |             | 17H / 18H30   | Marie            |               |            |               |                               |               |             |
| U16B M                  | en cours                      | 17H30 / 18H45 | Marie                         |               |             | 18H15 / 19H30 | Hugo + Noah      |               |            | 17h30 / 18h45 | Jonas + Léo                   |               |             |
| U15 F                   | Jonas + Léo                   |               |                               |               |             |               |                  |               |            |               |                               |               |             |
| U14A M                  | Hugo                          |               |                               | 17H30 / 19H00 | Hugo + Noah | 17H / 18H15   | Hugo + Noah      |               |            |               |                               |               |             |
| U14B M                  | Maxime Templier<br>Binôme     |               |                               |               |             |               |                  |               |            |               |                               |               |             |
| U13 F                   |                               |               |                               |               |             | 15H45 / 17H   | Hugo + Noah      |               |            | 17h30 / 18h45 | Jonas + Léo                   |               |             |
| U12A M                  |                               |               |                               |               |             | 14H30 / 15H45 | Hugo + Noah      |               |            | 17h00 / 18h30 | Hugo                          |               |             |
| U12B M                  |                               |               |                               |               |             |               |                  |               |            |               |                               |               |             |
| U11 F                   |                               | 17H45 - 19H   |                               |               |             | 15H45 / 17H   | Hugo + Noah      |               |            |               |                               |               |             |
| U11 M                   |                               |               | Christian<br>+ 4 Loisirs      |               |             |               |                  |               |            |               |                               |               |             |
| U10 M                   |                               |               |                               |               |             | 13H15 - 14H30 | Hugo + Noah      |               |            |               |                               |               |             |
| Ecole de Hand féminine  |                               |               |                               |               |             |               |                  |               |            |               |                               | 10H15 / 11H30 | Hugo + Noah |
| Ecole de Hand masculine |                               |               |                               |               |             |               |                  |               |            |               |                               |               |             |
| Baby Hand               |                               |               |                               |               |             |               |                  |               |            |               |                               | 9h00 / 10h00  | Hugo + Noah |

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